## **Montana University System** Retiree Benefits – FY2022

## (July 1, 2021 – June 30, 2022)

## TO JOIN ONLINE:

Please click "<u>Call Using Computer</u>" to join this presentation. If you do not have computer speakers, click "<u>Call Me</u>".

If you have questions during the presentation, please click the "<u>Q&A</u>" icon in the upper right and type your question at the bottom of the Q&A window. To return to the live video click the "<u>Participants</u>" icon.

Q&A and Participants icons look like this:



If you are on a mobile device (iPhone, iPad, Android, etc) tap the three dots (...) below and then tap "Q&A".

Thank you for joining!!



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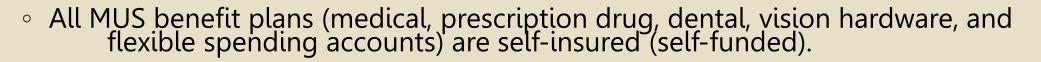
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# **Agenda**

- 1. Self-Funded Plan Information
- 2. Annual Enrollment Dates
- 3. Medical Plan Benefits
- 4. Pharmacy Plan Benefits
- 5. Dental Plan Benefits
- 6. Vision Hardware Plan Benefits
- 7. FY2022 Plan Rates
- 8. Take Control Program
- 9. New Program Offerings
- 10. Premium Payments
- 11. Enrollment Reminders

# MUS is a Self-Funded Plan – What does this mean?



- Premium contributions go directly into a fund, which is used to pay the cost of benefits for MUS Plan participants who experience illness or injury.
- To keep the Plan financially sound and affordable, it is important that all Plan participants use their benefits responsibly.
- Plan Participants are expected to pay a portion of their medical costs in the form of annual deductibles, percentage coinsurance, and/or flat dollar copayments.
- These cost-containment features are part of the MUS Plan design, so Plan funds will be available should a high-cost medical emergency or a catastrophic illness strike a Plan participant.

Montana University System

Employee Benefits

# MUS *Choices* Annual Enrollment Dates for FY2022

# April 26 – May 14, 2021



# *Choices* Retiree Medical Plan Benefits –



BENEFIT DESCRIPTION	IN-NETWORK BENEFITS
PCP Office Visit	\$30 copay
Specialty Office Visit	\$50 copay
Coinsurance	30%
Emergency Room Facility Visit	\$250 copay
	(room charge only)
Urgent Care Visit	\$75 copay
In-Network Deductible	\$1,250 (individual) / \$2,500 (family)
In-Network Out-of-Pocket (OOP) Maximum	\$4,350 (individual) / \$8,700 (family)
Eye Exam Benefit (routine or medical)	<b>\$0 copay/1</b> per benefit plan year (with an In-Network provider)

- > **NEW** Telemedicine Visits medical benefits will apply.
- > **NEW** Outpatient Rehabilitative Services visit maximum increased from 30 to 60 visits.
- To see if your provider is a BCBSMT In-Network provider, visit the BCBSMT website provider finder at <u>www.bcbsmt.com/find-a-doctor-or-hospital</u>.

# **Retiree Prescription Drug Plan –**





- > Navitus Health Solutions will continue as the Pharmacy Benefit Manager for the MUS Plan.
- > Lumicera Health Services will continue as the Specialty Pharmacy for the MUS Plan.
- All CVS/Target and Western Drug (Bozeman only) pharmacies are not participating in the pharmacy network. If you choose to use these pharmacies, you will be responsible for all charges.

### \*\*\*This is not applicable to MedicareRx members.

- > Prescriptions can be filled at a participating retail pharmacy for either a 34-day or 90-day supply.
- Mail Order prescriptions for a 90-day supply can be filled at Ridgeway, Costco, or miRx (only delivers to Manager I daho Mashington, Wyoming, S. Dakota, and N. Dakota)







## **Retiree Prescription Drug Plan cont.**

Navitus Rx Benefit as of July 1, 2021

Tier \$0 (34-day supply/90-day supply) - \$0 / \$0 copay

Tier 1 (34-day supply/90-day supply) - \$15 / \$30 copay

**Tier 2** (34-day supply/90-day supply) – **\$50 / \$100 copay** 

Tier 3 (34-day supply/90-day supply) – 50% coinsurance

**Tier 4** (Specialty) – **\$200 copay** (50% coinsurance - retail)

Out-of-Pocket Maximum – \$2,150 (individual) / \$4,300 (family)

**No Pharmacy Plan benefit changes for FY2022!!!** 

\*\*Coinsurance in Tier 3 and Tier 4 **do not** apply to the Out-of-Pocket Maximum.





## **Retiree Prescription Drug Plan cont.**

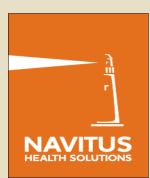
- Medicare Retirees will continue to be enrolled in the Navitus MedicareRx Part D prescription drug plan.
- Medicare Retirees <u>must</u> be enrolled in Medicare Parts A & B and <u>CANNOT</u> be enrolled in another Medicare Part D plan. If you are not enrolled in Medicare Parts A & B, <u>you will be disenrolled</u> <u>from the MUS Medical Plan</u>.
- MUS Medicare primary Retiree Plan members <u>CANNOT</u> be covered on another MUS Medicare primary Retiree Plan as a spouse (dual enrollment).
- > Navitus MedicareRx eligible members are enrolled as an individual, not as a family.
- Split family- Medicare eligible members are enrolled in the MedicareRx Plan and non-Medicare eligible members are enrolled in the Commercial Plan.
- > Accumulations for MedicareRx members are on a calendar year basis (January 1-December 31).
- The Navitus opt-out period will be October 12-October 29, 2021. If you opt-out of Navitus, you will be disenrolled from the MUS Medical Plan.

## Copay Max Program – Administered by Navitus

Copay Max creates a benefit design that leverages copay assistance cards to reduce both member and Plan costs.

- This is <u>only</u> for certain specialty medications purchased via Lumicera specialty pharmacy.
- This is <u>only</u> available to Commercial Plan enrollees (employees & Non-Medicare retirees). \*\*\*This is not applicable to MedicareRx members.

The specialty copay assistance program is for certain specialty drugs included in the specialty tier and dispensed only through the specialty pharmacy, Lumicera. This program will properly manage expenses for eligible specialty medications while lowering the Plan's overall cost if copay assistance is available. Under the program, these specialty medications are subject to a coinsurance of 30%. However, this program will cap the patient total payment at \$0 after utilization of available copay assistance. Only the amount paid out-of-pocket will apply to the out-of-pocket maximum. If a specialty drug does not qualify or is removed from the program, the copay will default to the formulary's current tiered copay.



# Sempre Health Discount Program



#### Administered by Navitus

Sempre Health is a SMS-based (short message service or text messaging) program that improves adherence and affordability for chronic disease medications by lowering copays when members fill their prescriptions consistently and on time.

- Members can text, call or visit the dedicated Navitus landing page to enroll using their unique enrollment code.
- Visit navitus.semprehealth.com for more information and to enroll.
- Once enrolled, the program is entirely SMS-based.
- Once enrolled, members will immediately start saving on their copay.
- Discounts and reminders are sent automatically via SMS and are designed to drive on-time refills.
- Discounts can also decrease if members do not refill on time; members will not pay more than their default copay.
- This is only available to Commercial Plan enrollees (employees & Non-Medicare retirees). **\*\*\*This is not applicable to MedicareRx members.**



Choices Retiree Dental Plan Benefits -

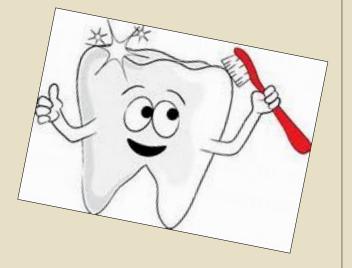
\*\*Delta Dental will continue to administer the <u>Select</u> Dental Benefit Plans for FY2022.

## No Dental Plan benefit changes for FY2022!!

MUS is increasing the fee schedule reimbursement maximums for many dental codes for FY2022 without increasing premiums.

 Select Plan – Diagnostic/Preventive, Basic, Major Restorative, and Orthodontia services (\$1,500 lifetime maximum) \$2,000 ANNUAL MAXIMUM, per covered member

(Select Plan annual maximum does not apply to Diagnostic/Preventive services)



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## ▲ DELTA DENTAL<sup>®</sup>

## Choices Vision Hardware Plan Benefits -

\*\*BlueCross BlueShield will continue to administer the Optional Vision Hardware Benefit for FY2022

**\*** *Optional* Vision Hardware Benefit covers <u>ONLY</u> hardware.

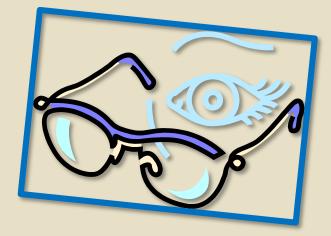
Eyeglass frames and lenses, in lieu of contacts (1 pair).
 UP TO \$300 ANNUAL ALLOWANCE, per covered member

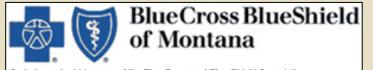
Contacts, in lieu of frames and lenses (1 purchase).
 NEW UP TO \$200 ANNUAL ALLOWANCE, per covered member

(increased from \$150 annual allowance)

\* Eye Exam (routine or medical) is provided as part of the Medical Plan

(1 per benefit plan year). (\$0 copay when using an In-Network provider)





## MUS *CHOICES* FY2022 – NON-MEDICARE RETIREE MEDICAL MONTHLY RATES





\*(mp) = Medicare Primary

Rates vary based on what plan you are enrolled in and whether you cover dependents.

**No increase to Medical Plan rates!!!** 



## MUS *CHOICES* FY2022 – MEDICARE RETIREE MEDICAL MONTHLY RATES



Medicare Retiree Monthly Rates,	BlueCross
as of July 1, 2021	BlueShield
Retiree/Survivor Only	\$368
Retiree + One	\$1,354
Retiree + Two or More	\$1,845
Retiree + Spouse *(mp)	\$736
Retiree + Spouse *(mp) + Children	\$1,219
Survivor + Children	\$851

\*(mp) = Medicare Primary

Rates vary based on what plan you are enrolled in and whether you cover dependents.



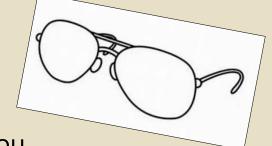


## MUS CHOICES FY2022 -

### RETIREE SELECT DENTAL & VISION HARDWARE MONTHLY RATES

Retiree Monthly Rates, as of July 1, 2021	Select Dental	Vision Hardware
Retiree/Survivor Only	\$52	\$10.70
Retiree + Spouse	\$94	\$20.20
Retiree/Survivor + Child(ren)	\$94	\$21.26
Retiree + Family	\$156	\$31.18





Rates vary based on what plan(s) you are enrolled in and whether you cover dependents.

No increase to Select Dental Plan or Vision Hardware Plan rates!!!

## Lifestyle Management Program



#### SIGN UP ONLINE: takecontrolmt.com

Contact Take Control @ 1-800-746-2970 or email info@takecontrolmt.com



Eat Well, Stay Active, Reduce Your Risks.

\*\* Take Control offers comprehensive and confidential education and support. They use a telephonic delivery method which allows the Plan member to participate from work or home and receive the individual attention specific to the Plan member's needs. The 12-month program includes one-on-one monthly phone sessions with licensed Dietitians, Exercise and Sports Science Trainers, and certified Diabetes Educators.

The Take Control Lifestyle Management Program offers the following programs:

- > High Blood Pressure
- > High Cholesterol
- > Weight Loss
- > Diabetes/Pre-Diabetes
- > Tobacco Cessation
- Maternity via the WellBaby program

**\*\*\*This is not applicable to Medicare Retirees** 

\*\* Enrollment in Take Control is confidential and voluntary.

# WONDR HEALTH ® (formerly Naturally Slim<sup>®</sup>)

Metabolic Syndrome Reversal Program

Wondr Health<sup>\*</sup> is a behavioral counseling program for metabolic syndrome reversal, weight management, and diabetes prevention. Features include:

- 10 weeks of counseling, personalized for skill building; 10 weeks customized for skill reinforcement; 32 weeks customized for skill maintenance.
- Weekly, self-paced, informative, online video sessions (including mobile app for on-the-go access, skill reinforcement and habit formation).
- Interactions with health coaches and online community for social support.
- Available at no cost to <u>all</u> MUS Medical Plan participants over age 18.
- Enrollment opens 7/1/21, visit <u>www.naturallyslim.com/mus</u> for more information!





Independent Licensee of the Blue Cross and Blue Shield Association

Conquer your back, knee, hip, shoulder, or neck pain with Hinge Health.

Hinge Health provides a 12-week program, which includes:

- A tablet computer and wearable sensors.
- Unlimited 1:1 health coaching.
- Personalized exercise therapy.

- The program is delivered remotely using mobile and wearable technology.

- Available at no cost to <u>all</u> MUS Medical Plan participants over age 18.

Enrollment opens 7/1/21, visit www.hingehealth.com/mus for more information!

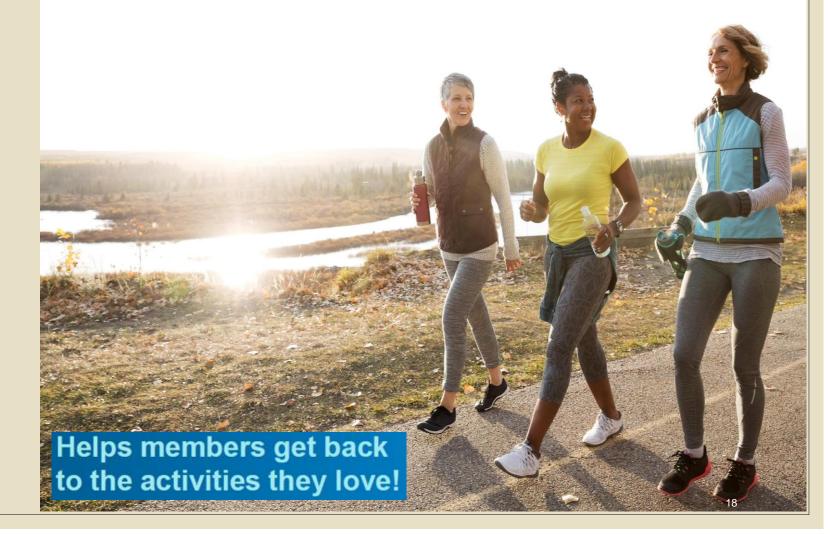


BlueCross BlueShield of Montana

An Independent Licensee of the Blue Cross and Blue Shield Associatio

# HINGE HEALTH®

**Musculoskeletal Management Solution\*** 



### Online access Blue Access for Members (BAM)



Home My Coverage	Claims Center My Health Do	octors & Hospitals Forms	& Documents	blueaco
elcome JOHN1 DOE1! Last	login 05/08/2019			
Message Center	MY COVERAGE			
ou have no messages	Plan Type: PPO+	Group Number: 010000 ID Number: BCS888888888		
Quick Links	Medical Benefits			
Identity Protection	PPO			
Virtual Visits	Family Deductible		\$3,000.00	We work for you.
Well onTarget 🛃	Individual Out of Pocket Maximum		\$3,000.00	Your Health
Prescription Drugs 2	Family Out of Pocket Maximum		\$6,000.00	Advocate can help.
Fitness Program 2	Coinsurance		80%	Learn More & Call
<ul> <li>View all quick links</li> </ul>	Lifetime Maximum		NO LIMIT	or
Card	View medical benefits >			🕥 Chat Now
BlueCross BlueShield	Prescription Drug Copay			
n SARTin	Generic - Mail	\$40.00		(7)
rizi-sis Pea ng Number: 1960	Generic - Retail	\$20.00		
Address to 4	Preferred - Mail	\$100.00		

- (1) My Coverage: Review benefit details for you and your covered dependents
- Claims Center: View and organize details such as payments, claims status and more
- 3 My Health: Make more informed health care decisions by reading about health and wellness topics and specific conditions
- Doctors & Hospitals: Use Provider Finder<sup>®</sup> to locate a network doctor, hospital or other health care provider
- 5 Forms & Documents: Use the Form Finder to get medical, dental, pharmacy and other forms quickly and easily
- 6 Quick Links: For easy access to member discounts, replacement ID cards and more
- Go Digital: Get your plan info the way YOU want it! Update your contact info and preferences.





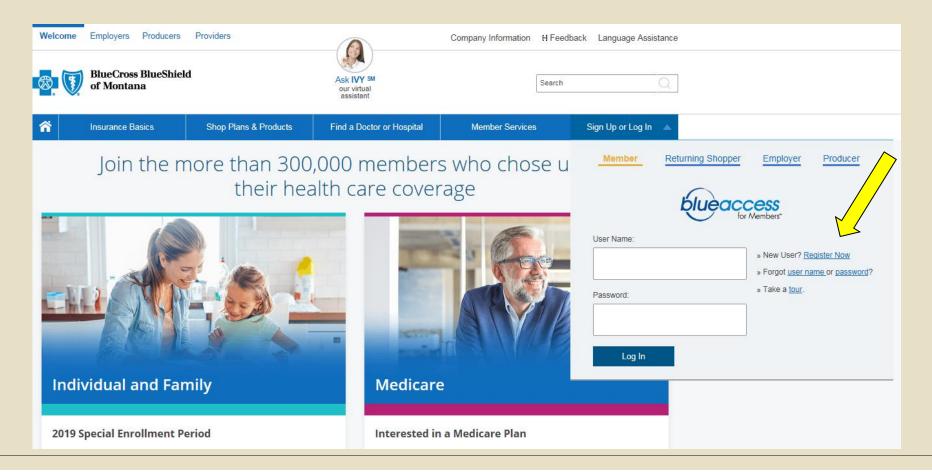
# Well onTarget<sup>®</sup>

Empowering, engaging and motivating members

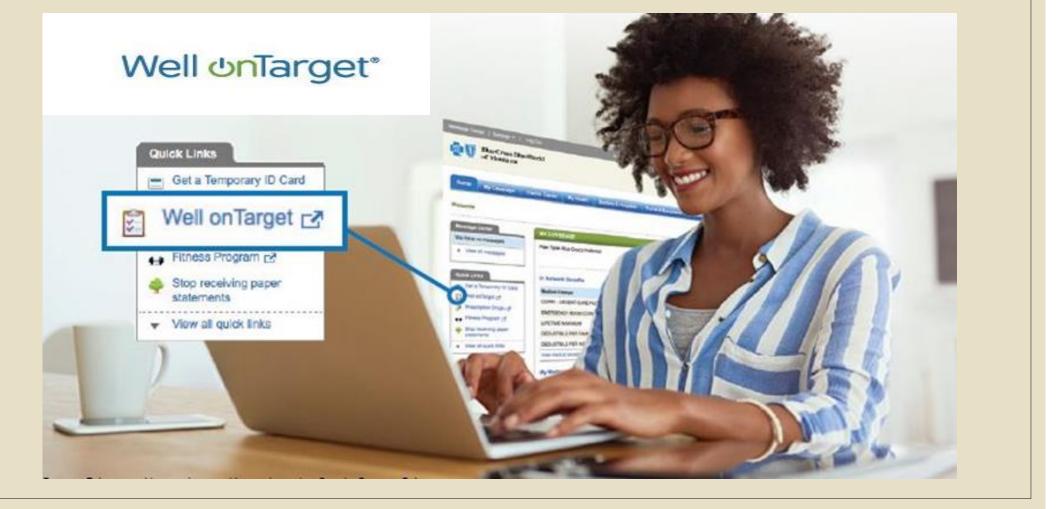
#### **HOW TO ACCESS THE PORTAL**

Use your Blue Access for Members<sup>SM</sup> (BAM<sup>SM</sup>) account:

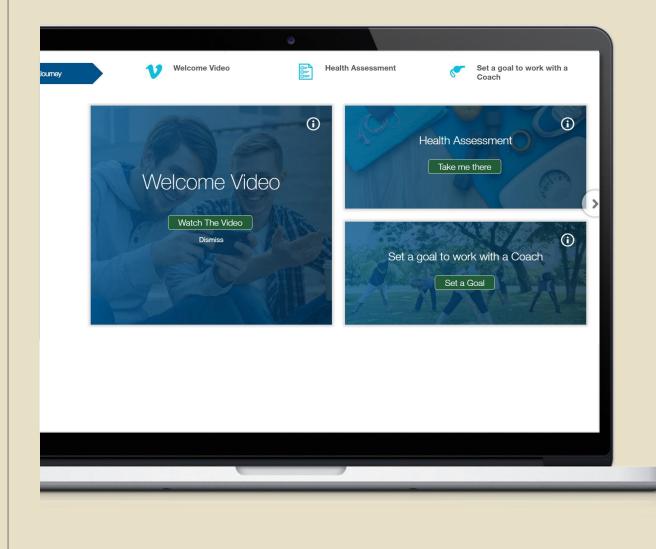
- Have your medical ID ready to register with your subscriber ID number.
- Log in to BAM at www.bcbsmt.com/members. If you are New User, you will need to register your account. Click "Register Now" on the login screen.



• Once you are in BAM, click on the "Well onTarget" link on the right side of the screen and you will be taken to the portal.



## <u>Well</u> onTarget<sup>®</sup> Member Portal



### Portal Highlights

- Health Assessment
- Member dashboard
- Explore your wellbeing
- My Journey recommended activities
- Digital self-management programs
- Trackers and tools
- Interactive symptom checker
- Health and wellness content
- Blue Points rewards
- Personal wellness challenges
- Fitness and nutrition tracking and device integration

## Blue Points<sup>™</sup> – Built-In Rewards

### Offerings that earn points:

- Health Assessment completion
- Digital self-management program engagement
- Fitness Program visits
- Use of Online Trackers
- Connecting and syncing a fitness or nutrition device or app
- \*\* Blue Points monetary value are considered taxable income by the IRS once redeemed.



Options	Base	Core	Power	Elite
Monthly Fee	\$19	\$29	\$39	\$99
Gym Facility Network Size	3,000	7,500	12,000	12,400

\$19 Initiation Fee



# **Our Fitness Services**

#### Fitness Program

• The Fitness Program is available to you and your covered dependents (age 16 and older). The program gives you access to a nationwide network of fitness locations. Choose one location close to home, one near work, or visit locations while traveling.

#### Other program perks include:

- Flexible Gym Network: A choice of gym networks to fit your budget and preferences.
- Studio Class Network: Boutique-style classes and specialty gyms with pay-asyou-go option and 30% off every 10<sup>th</sup> class.
- Family Friendly: Expands gym network access to your covered dependents at a bundled price discount.
- Convenient Payment: Monthly fees are paid via automatic credit card or bank account withdrawals.
- Blue Points : Get 2,500 points for joining the Fitness Program. Earn additional points for weekly visits. You can redeem points for apparel, books, electronics, health and personal care items, music and sporting goods.
- Web resources: You can go online to find fitness locations and track your visits
- Mobile App: Allows members to access location search, studio class registration, location check-in and activity history.
- Real-time Data: Provided to the mobile app and Well onTarget portals.

## AlwaysOn Mobile App

### Mobile App Features

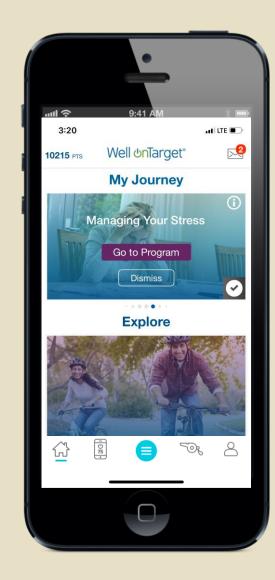
- Mobile Health Assessment.
- Health dashboard and trackers.
- Blue Points balance.
- Sync a fitness and nutrition device or app.

### **Fitness Integration**

- Member can choose a fitness device to connect and monitor their activity.
- Metrics include steps, miles, minutes and calories.
- Samsung Health and Apple Health are available via the AlwaysOn mobile app.

### **Nutrition Integration**

- Member can choose a nutrition app to connect to and monitor their intake.
- Metrics include calorie target, carbs, fats, protein and more.
- Apps include Fitbit and MyFitnessPal
- Nutrition app FAQs available.



# Blue365<sup>®</sup> Member Discount Program

Members and covered dependents can save money on value-added health and wellness products and services not usually covered by a medical benefit plan. Visit www.bcbsmt.com/member/advantages-of-membership/blue365-discount-program.

#### Discounts available in these categories:



Apparel and Footwear

Fitness

Hearing and Vision

Home and Family

Nutrition

Personal Care



BlueCross BlueShield of Montana Save on fitness gear, gym memberships, healthy eating, dental, vision, hearing aids and more, from top national and local retailers. There are no claims to file and no referrals or preauthorizations.



Blue365 is a discount program only for BCBSMT members. This is NOT insurance. BCBSMT does not guarantee or make any claims or recommendations about the program's services or products and reserves the right to stop or change this program at any time without notice.



#### Choosing Quality Care for You and Your Family

Under your plan, you have access to designated specialty care facilities that have met national measures for quality and cost-efficient care. When you use a Blue Distinction<sup>®</sup> Center doctor or hospital, you will receive the most from your benefits and know that the doctor or hospital has a record of providing proven, effective specialty care.



Blue Distinction<sup>®</sup> Specialty Care services include:

- Blue Distinction<sup>®</sup> Centers for Bariatric Surgery:
   Postoperative care, follow-up and patient education
- Blue Distinction<sup>®</sup> Centers for Cardiac Care: Cardiac rehabilitation, cardiac catheterization and cardiac surgery
- Blue Distinction<sup>®</sup> Centers for Knee and Hip Replacement: Knee and hip replacement surgeries and services
- Blue Distinction<sup>®</sup> Centers for Maternity Care: Childbirth services, including both vaginal and cesarean deliveries
- Blue Distinction<sup>®</sup> Centers for Spine Surgery: Spine surgery services, including discectomy, fusion and decompression procedures
- Blue Distinction<sup>®</sup> Centers for Transplants: Transplant and support services



Blue Distinction Centers (BDC): Doctors or hospitals recognized for their expertise in delivering specialty care. Blue Distinction Centers+ (BDC+): Doctors or hospitals recognized for their expertise and efficiency in delivering specialty care.

#### Hospitals with Expertise in Specialty Care

#### **High Quality, Lower Cost**

At a BDC or a BDC+ facility, you may get a better outcome and may have lower out-of-pocket costs. Although your plan may require you to get treatment at a BDC or BDC+ facility, you may still be covered at a non-BDC facility, but your out-of-pocket costs will usually be higher.

#### **Nationwide Access**

There are approximately 1,900 BDCs nationwide. To find a BDC near you, log in to Blue Access for Members<sup>SM</sup> (BAM<sup>SM</sup>) at **bcbsmt.com/member**. To register for a BAM account, all you need are your group and identification numbers, found on your member ID card. BAM is secure and easy to use. When you search for providers in BAM, it will take you directly to network providers only.



By logging in to BAM you can also use Provider Finder<sup>®</sup> to:

- Estimate the cost of up to 1,600 procedures, treatments and tests, including your out-of-pocket expenses.
- View patient reviews.
- See how industry experts rate your doctor.
- Review providers' certifications and recognitions.
- Rate your doctor or hospital after your visit.

For basic provider searches, you can also access Provider Finder without logging in to BAM. Just visit **bcbsmt.com** and click on the **Find a Doctor or Hospital** tab.

Or, download the BCBSMT app at the App Store or Google Play.

If you need help finding a network provider or have questions about your benefits, call the toll-free number on the back of your ID card.

#### Learn more about Blue Distinction.

Visit **bcbs.com/why-bcbs/blue-distinction/**or call the Customer Service number on the back of your member ID card.

#### **À DELTA DENTAL**





# Savings You Can See and Hear

Get exclusive discounts on LASIK eye surgery and Amplifon hearing aids



#### Your wellness is more than oral health

That's why, as a Delta Dental enrollee, you have access to preferred pricing on hearing aids and LASIK vision services through Amplifon Hearing Services and QualSight.<sup>1</sup>

#### How do I get the discounts?

It's easy. Just give Amplifon or QualSight a call. A dedicated representative will walk you through the program and help you pick a provider, make an appointment and receive your discount.

	Amplifon	QualSight	
Products and services	Discounts on hearing aids and one year of free follow-up care	Discount on LASIK eye surgery, including pre- and post-operative visits	
Savings	62% average savings off retail hearing aid pricing <sup>2</sup> , with a best-price guarantee of 5% <sup>3</sup> 40 to 50% off the national average price traditional LASIK eye surgery <sup>4</sup>		
Access	Nationwide network of providers	Over 1,000 LASIK locations nationwide⁵	
Quality	Leading brands featuring the latest hearing aid technology and a three-year product warranty	Experienced LASIK surgeons who have collectively performed over 7.5 million procedures <sup>6</sup>	
Get started	<ol> <li>Call Amplifon.</li> <li>A patient care advocate will explain the discount process, help you find a hearing care provider and help you make an appointment.</li> <li>Amplifon will send you and your provider the details to activate your discounts.</li> <li>Save on hearing aids, and receive complimentary batteries for two years.</li> </ol>	<ol> <li>Call QualSight.</li> <li>A care manager will explain the program, answer any questions, help you pick a provider and set up a free consultation to see if you're eligible for LASIK eye surgery.</li> <li>Receive written confirmation, including pricing information and directions to your provider's office.</li> <li>Pay a discounted price for LASIK services.</li> </ol>	
Website	amplifonusa.com/deltadentalins qualsight.com/-delta-dental		

## Retiree Premium Payments –



- MUS direct bill Retirees will continue to submit their monthly premium payments directly to Businessolver.
- Businessolver offers online payments (accessed from the MUS Choices home page at <u>www.choices.mus.edu</u>), scheduled automated clearing house (ACH) transactions, or physical monthly payment coupons.
- **NEW** Premium payment direct bill monthly statements will continue to be sent out monthly to current direct bill Retirees.
- MUS Retirees who pay their monthly premiums via the Montana Teachers' Retirement System (TRS) or the Montana Public Employees' Retirement System (PERS) will continue to have their monthly premiums automatically deducted from their pension plan.
- If you need to change your premium payments from a pension deduction to direct bill as of July 1, 2021, please contact your campus Human Resources/Benefits office to help you make this change.

#### **Plan Members**

Employees Retirees

COBRA

Rx Plan

#### Additional Benefits

Wellness

EAP & Work-Life Services

Pension & Retirement

#### **Benefits Resources**

Forms

**Publications & Notices** 

Archived Information

Inter-Unit Benefits Committee

#### Montana University System **Employee Benefits**

560 North Park Ave. 4th Floor Helena, MT 59601 Mailing address: PO Box 203203 Helena, MT 59620 Fax: 406-449-9170 Toll free: 877-501-1722

Contact Us

#### Welcome to Choices

This web site is your guide to Choices -- the Montana University System's employee benefits program that lets you match our benefits to your individual and family situation. To get the most out of this opportunity to design your own benefits package, you need to consider your benefit needs, compare them against the options available under Choices and enroll for the benefits you've chosen.



Picture by Neal Andrews ~ MUS Wellness

#### Montana University System **Online Enrollment System**

#### **Benefitsolver Login**



#### **Campus NetID Login**

C UM Campuses Login

#### MUS Choices **Benefits Bulletin**

2020-2021 Choices Active Workbook

2020-2021 Choices Active Workbook Flip Book

2020-2021 Choices Retiree Workbook

2020-2021 Choices Retiree Workbook Flip Book

**Summary Plan Documents** 

**MUS Summary Plan Description** (effective 7/1/2020)

Flexible Spending Account **Summary Plan Description** (effective 7/1/20)



## Visit www.choices.mus.edu

MSU Campuses Login

## Benefitsolver – Welcome Screen

## **&** benefitsolver

Welcome	
User Name *	First time here?
	Register to create your user name and password.
case sensitive	Register
Password *	Register
case sensitive	
Login >	
Forgot your user name or password?	

First time users must register by creating a User Name and Password.

## **CHOICES** Retiree Enrollment Reminders.....

- MUS Choices Retiree annual enrollment dates are April 26 May 14, 2021.
- All enrollment forms with any changes <u>must</u> be submitted by <u>May 14, 2021</u> to your campus Human Resources/Benefits office.
- If you <u>do not</u> submit any changes, then you will be <u>automatically</u> re-enrolled in the prior plan year benefit elections.
- > Retiree *Choices* benefits communications letter was mailed on April 5<sup>th</sup>.
- Choices Retiree benefit books and enrollment forms were mailed the week of April 12<sup>th</sup> and will be posted online on the Choices website on April 22<sup>nd</sup>.
- Recorded live WebEx Choices benefits presentation and benefits slide presentation will be available online on the Choices website at <u>www.choices.mus.edu</u> on April 28<sup>th</sup>.



\*\*\* Use a Blue Distinction Center <sup>®</sup> for your Specialty Care needs.



# Provider Network Reminders.....



**Use In-Network Providers** – Be sure to use In-Network providers to ensure you do not incur "balance billing" charges.



Always check - **<u>DO NOT</u>** assume participation "....but my doctor has always been In-Network!"



Check with the Plan claims administrators, campus HRs/Benefits office, or the MUS Benefits office if you need help finding In-Network providers.



To see if your provider is an In-Network provider, visit the Plan claims administrators' website provider finder.

# **QUESTIONS?**

## Thank you for your time!



www.choices.mus.edu 1-877-501-1722